



RUGGLES BLACK

FOOD BAR

APPETIZERS

Pan Roasted Brussels Sprouts...10

Local Brussels Sprouts, Applewood Smoked Bacon, Almonds, Citrus Zest, Soy and Agave

Curried Pumpkin Butternut Squash Soup...9

Fresh Pumpkin and Butternut Squash, Chicken Stock, Coconut Milk

Savory Crème Brulee...15

Goat, Parmesan and Bleu Cheeses topped with Buffalo Trace Bacon Jam

Yuzu Sesame Encrusted Tuna...19

Freshly Caught Tuna Encrusted and Seasoned with Yuzu and Sesame Seeds and Seared

Paleo Local Beef Short Rib Taco...11

Scallions, Green Mango, Red Onion, Cilantro, Jalapenos, Red Wine, Jalapeno Serrano Mayonnaise

Paleo Seared Tuna Taco ...12

Cucumber, Sweet Orange Chili Sauce, Jalapeno Serrano Mayonnaise

Paleo Snapper Taco...12

Cabbage, Lettuce, Pico de Gallo, Lime Juice, Jalapeno Oil, Jalapeno Serrano Mayonnaise, Cilantro

Paleo Tandoori Local Lamb Taco...12

House Tandoori Spice Blend, Red Onion, Cilantro, Cucumbers, Raita, Feta Cheese

Paleo Veggie Taco...10

House Blend Spices, Market Veggies, Jalapeno Serrano Mayonnaise

Chicken Wings...12

Tandoori Spiced, Caramelized Fish Sauce, Red Chili, Green Onions, Cilantro, Wasabi Ranch

Curry Mussels...16

Thai Green Curry, Coconut Milk, Onions, Crostinis

Fried Oysters with Caviar...16

Gulf Oysters, Buttermilk, Caviar, Spicy House Sauce

Angry Shrimp and Pork Spring Rolls...12

House Specialty Angry Shrimp, Pulled Pork, Kim Chi

Crab Tower...17

Jumbo Lump Crab, Avocado, Pico de Gallo, Chili, Mayo

Paleo Angry Shrimp...18

It's Angry for a Reason...House Blended Spiced Gulf Shrimp

Problem #7...18

Cedar Planked Scallops with a Soy Glaze, Bacon and Basil

Smoked Salmon...17

Wild Caught Salmon, Mixed Greens, Dried Mango and Capers

SALADS

Gundermann Wedge Salad...12

Blue Cheese Dressing, Cherry Tomatoes, Red Onions, Cucumbers, Applewood Smoked Bacon, Carrots, Croutons, Candied Ginger, Blue Cheese

Kale Caesar...13

Whole Wheat Croutons, Zucchini, Mushrooms, Broccoli, Dried Cherries, Cucumber, Dried Mango, Parmesan, Green Onions, Miso Caesar Dressing, Fried Poached Egg, Cashews

Crunchy Kale and Arugula Salad...14

Arugula, Kale, Romaine, Red Quinoa Tabouli, Granola, Pecans, Cashews, Pickled Jalapenos, Cucumbers, Broccoli, Cherry Tomatoes, Ginger Honey Mustard Dressing

Ruggles Market Salad...11

Local Greens, Miso and Sweet Chili Vinaigrette, Carrots, Cucumbers, Dried Cherries and Mango, Whole Wheat Croutons, Bacon, Cherry Tomatoes, Watermelon, Cheese

Roasted Beet and Pork Belly Salad...18

Goat Cheese, Apples, Pears, Pistachios, Orange, Quail Egg, Crispy Sweet Potatoes, Mango Curry Yogurt Dressing

Baked Goat Cheese Salad...13

Almond Crusted Goat Cheese, Mixed Greens, Sundried Tomatoes

Seared Ahi Tuna Salad...25

Arugula, Mixed Greens, Dried Mango, Apples, Cashews, Sweet Chili Vinaigrette



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PIZZAS

Samosa...15

Masala Potatoes, Red Onions, Cilantro, Cucumber Yogurt Sauce, Arugula, Cheese and Tomato Sauce

Fresh...17

Fresh Tomatoes, Basil, Fresh Mozzarella, Cheese and Tomato Sauce

Far East...19

Duck, Roast Pork, Pickled Carrots, Cilantro, Red Onion, Scallions, Jalapenos, Cheesee

Thai Angry Shrimp...20

Gulf Shrimp, Garlic, Red Onions, Cilantro, Green Onion, Carrots, Mint, Basil, Hoisin Garlic Orange Glaze, Cheese

Tandori Chicken...18

House Blended Tandoori Spice, Chicken, Red Onion, Cilantro, Cheese and Tomato Sauce

Local Lamb...20

Black Hills Ranch Lamb, Red Onion, Cherry Tomatoes, Cilantro, Green Onion, Cheese and Tomato Sauce

Short Rib Flatbread...19

Sundried Tomatoes, Red Wine Hoisin Sauce, Heirloom Tomatoes, Cilantro, Onions, Pickled Jalapeños, Sliced Pickles, Cheese

ENTREES

Ruggles Vietnamese Pho...21

Grass-Fed Beef Tenderloin, Rice Noodles, Beef Broth, Sprouts, Mint, Basil, Green Onions, Fried Poached Egg, Sour Cherry Sriracha

Curry Seafood Ramen...24

Thai Green Curry with Shrimp, Mussels, Crab Meat, Coconut Cream, Onions in a Seafood Broth

Seafood Ramen...24

Crab, Mussels, Shrimp, Ramen Noodles, Fresh Herbs

Duck Ramen...23

Duck Confit, Asparagus, Mushrooms, Sweet Potato, Cilantro, Onions, Pepper Crispy Bacon, Ginger, Garlic, Fried Poached Egg

Paleo Fried Rice with Snapper...35

Bacon, Cauliflower Rice, Onion, Cilantro, Ginger, Mushroom, Shrimp, Egg, Crab, Sweet Potato, Lemongrass, Vegetables

Grass-Fed Beef Tenderloin...40

Tomato Chutney Topped with Arugula Salad and a Quail Egg

Spicy Teriyaki NY Strip...39

Warm Mushroom Salad, Green Onions

Indian Spiced Scottish Salmon...33

House Blended Spices, Red Quinoa, Tomatoes, Onions, Cilantro, Cherries, Sriracha

Pistachio Snapper...37

Coconut Milk, Lemongrass, Vegetables, Crab Meat

Short Rib Biryani...34

Cauliflower, Dried Mango, Figs, Dates, Almonds, Cashews

Big Sexy...40

Black Hills Ranch Bone-In Pork Chop, Mushrooms, Onions, Jalapenos, Bourbon Mushroom Demi-Glace, Duck Egg

Chicken Masala Pasta...21

Capellini Pasta with Ginger, Onions, Cashews, Cilantro, Sundried Tomato with Coconut Cream Base

Paleo Poblano Crab Pasta...26

Spaghetti Squash, Jumbo Lump Crab, Pico de Gallo, Green Onions, Garlic, Ginger, Pistachio Poblano Coconut Sauce

Paleo Tandoori Zataar Chicken...24

House Blended Tandoori and Zataar Spice, Roasted Chicken, Mango Chutney

Paleo Fried Chicken...23

Almond Flour, Oven Roasted Vegetables

Paleo Beef Bolognese...20

All-Natural Angus Beef, Spaghetti Squash

Paleo Shrimp...23

Curry, Coconut Milk, Spaghetti Squash, Almonds

Paleo Chicken Enchiladas...23

Almond Flour Tortillas, Goat Cheese, Oven Roasted Vegetables

All Natural 16oz. Ribeye...45

All Natural Grass Fed Ribeye, Teriyaki, Lemon Grass, Arugula, Mushrooms, Garden Vegetables

Grass Fed Lamb Chops...39

1/2 Rack of Lamb Chops with a Passion Fruit Demi Sauce and Garden Vegetables